# CBT MODULE 3

Route

On Road practical test

# Welcome to Module 3

This module will last approximately 1 hour, and will entail you riding through various traffic and road conditions.

This training module is aimed at you as an individual to help you gain experience for the first time on the public highway so that you may achieve a satisfactory standard in order to obtain the CBT certificate and a learners permit along with it.

#### **Equipment and clothing**

On the day of your test you will be required to attend wearing adequate clothing (e.g. no sandals are allowed). And it is vital that you bring your own helmet.

High visibility Vest will be provided by us.

The Instructor/Examiner will also provide an intercom head set system that will be fitted to your helmet so as you can hear the Instructor/Examiner giving instructions.

#### What will be expected of you as a new rider

The following instructions are to be adhered to as it is for your utmost safety:-

Stop signs means **STOP** and this means a complete stop.

Whilst riding, on your approach to roundabouts, zebra or pedestrians crossings, give ways, stop signs or any type of junction, always make sure that you execute your MSM (Mirror, Signal, Manoeuvre) and your PSL (Position, Speed, Look) correctly and in good time.

Remember to signal in good time so as to warn other road users your intentions whilst on the road.

You have to be extra careful and watch out for cyclists, e-scooters and pedestrians. As these are more vulnerable and might not follow the legal rules of the road.

Always maintain a safe distance of other vehicles as this will help you to asses the scenario as you are riding and will also help you to anticipate any irregular actions made by other road users.

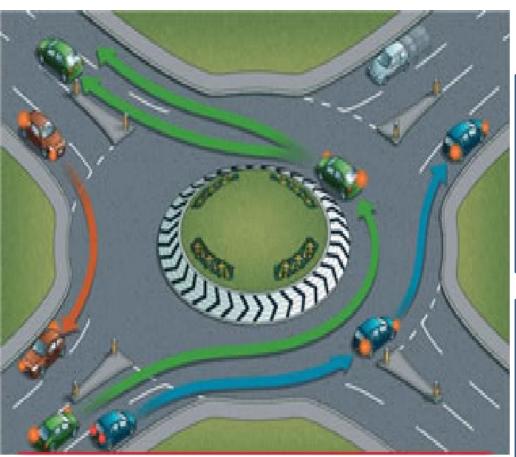
Observation and anticipation is a key factor for you and other road users and whilst other road users might not adhere to the rules of the road that does not mean you should not do so, you must always lead by example.

#### **Very important**

#### **Clear Giveways:-**

Stopping on a clear giveway is extremely dangerous, as any road user that is directly behind you would be looking at the scenario ahead and would not be expecting you to stop suddenly, thus causing an accident.

#### Roundabouts



This is to explain how to approach and understand when entering roundabouts.

If your intention is to follow the road ahead or any roads at the roundabout on your right,

You are the Blue vehicle.

So this means that you will position yourself on the right hand side of the lane and as you emerge onto the roundabout you will keep to the right lane and take the desired exit.

If your intention is to turn left or any roads on the left hand side and including going right round the roundabout to go back the direction you came from,

You are the Green vehicle.

So this means that you will position yourself on the left hand side of the lane and as you emerge onto the roundabout you will keep to the left lane and take the desired exit.

<u>If you have any queries on Roundabouts the Instructor/Examiner can explain further on the day of your training module.</u>

#### **Important**

If at any point during your training exercise the Instructor/Examiner tells you to stop, do so.

If the Instructor/Examiner asks you to pull up on the right, pick a safe place to do so and pull up.

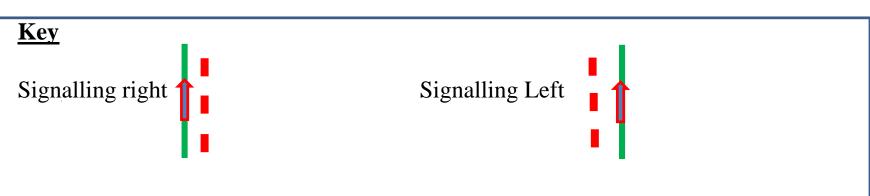
#### **End of Test**

At the end of the module if you have been successful the Instructor/Examiner will explain the following:-

The issue of a CBT certificate valid for 15 months.

You will also be given an application form, which you will be required to fill in and hand in to the main office along with £25.

Once you have handed the form in you will obtain your learners licence which will also be valid for 15 months.



MSM :- Mirror Signal Monuver

**PSL**:- Position Speed Look

### **MVTC** Centre



## **Start**

Exit M.V.T.C Centre location (MSM before moving off and life saver)

At the junction (Eastern Beach Rd) STOP and turn left.

As you approach first junction signal left, before emerging STOP look both ways and proceed if and when clear.

Next junction (Devils Tower Rd) turn right. Signal right and as you approach the giveway markings. Proceed only if and when clear.



Continue towards Devils Tower Road, As you approach the round about there is a Give-way check left mirror, indicator left and take the left inside lane when clear to do so.

Take the third exit, signal right and exit the roundabout onto the right hand lane if possible.

Continuing on Devils Tower Road maintain your position on the right lane if possible.

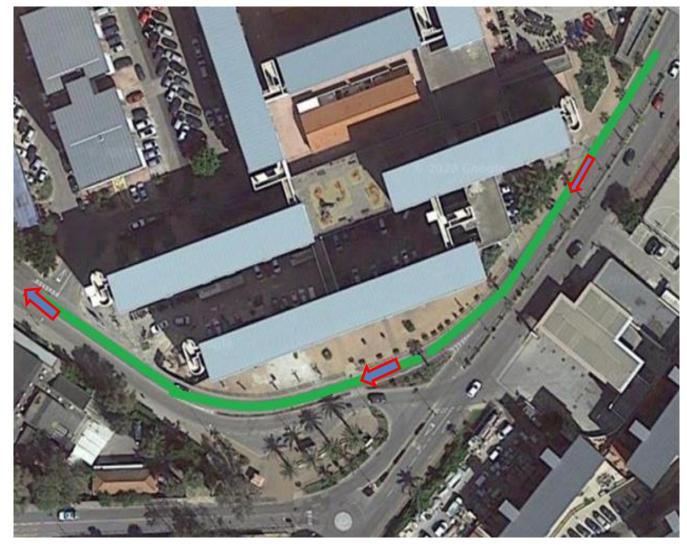


Approaching the round about follow the road ahead its your second exit, on the right-hand lane

On approach (check mirrors) signal left.

Before emerging look left, right, left and proceed if and when clear.

Taking the second exit on the right hand lane continue signalling left.



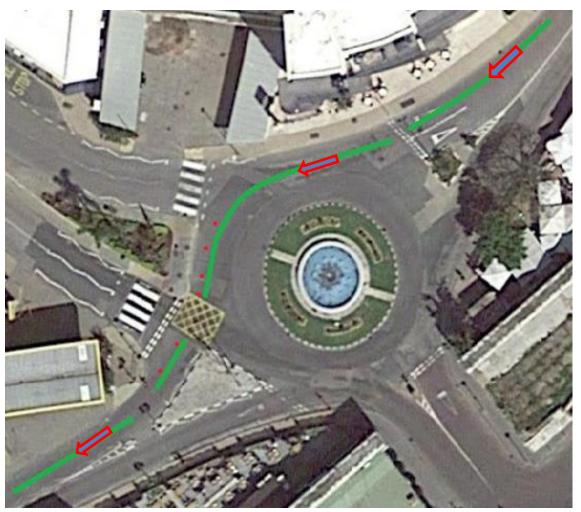
Continue on Winston Churchill Avenue, on the right hand lane and proceed ahead towards Glacis Road.

(no signalling required)



On Glacis Road continue towards mini roundabout, that is your second exit.

(no signalling required)



At Waterport roundabout follow the road ahead second exit, keeping on the right-hand lane.

As you approach the round about look left, right, left check your mirrors and emerge if and when clear keeping to the right hand lane.

As you pass the first exit signal right to exit the round about.

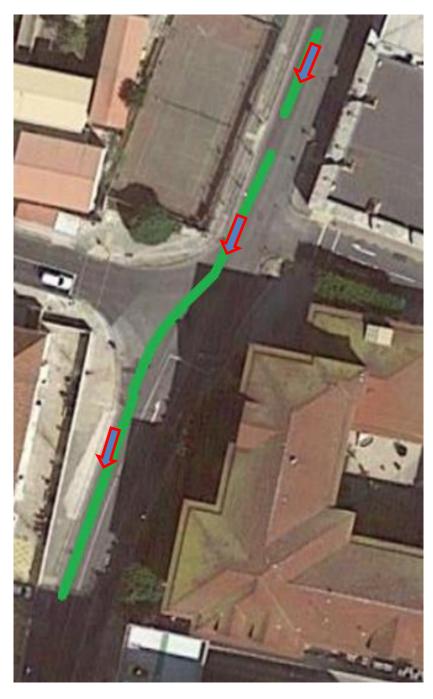
#### Note

Do not stop on the Yellow box junction and be mindful of the pelican crossing just as you exit the round about.

Proceed towards Queensway.

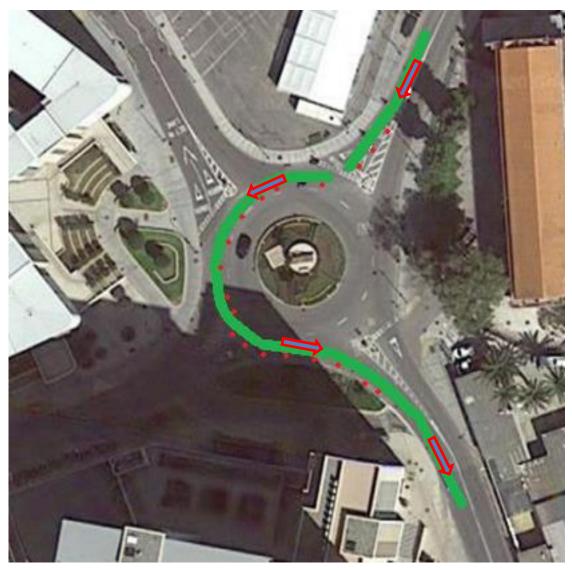


Continue on and towards Queensway, Past old Westside school.



Still on Queensway you will approach the junction be mindful of the traffic lights ahead.

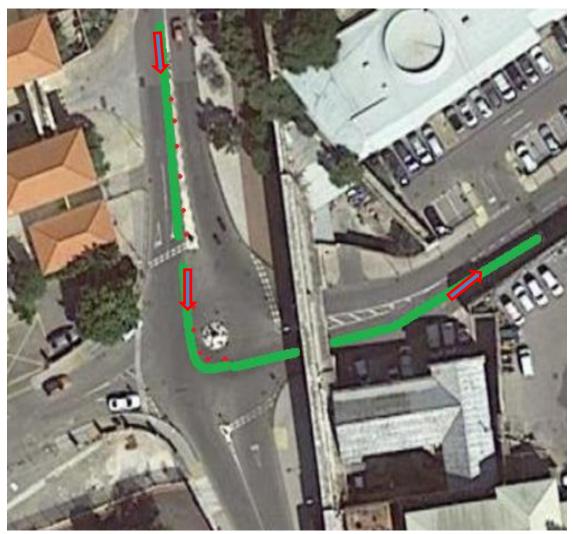
Proceed onwards on Queensway.



At Mid Harbours round about, you will be following the road ahead, which is your third exit, towards Queensway.

On approach check mirrors and signal left, as you emerge onto the round about keep to the right hand lane signalling left.

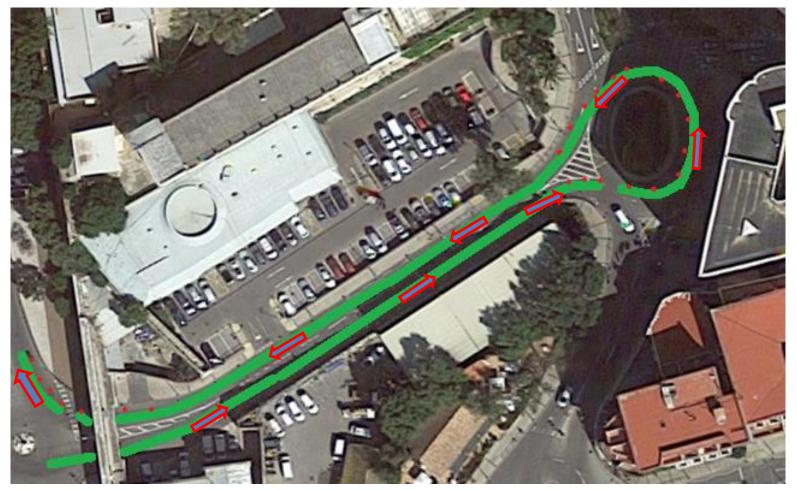
As you ride past the second exit switch your turn signal to the right and exit the round about towards Queensway.



You are now reaching the end of Queensway, at the round about you will be turning left it will be the second exit.

As you approach the round about check your mirrors and you will position yourself on the left side of your lane, at the same time signal left.

Before you merge into the round about look left and ahead and proceed if and when clear then turn left up towards Raggard Staff.



As you go up Raggard Staff be mindful of the pelican crossing.

On approaching the round about check your mirrors, look left, right, left keep to the left of your lane and signal left at the same time.

Before emerging look left, right, left and proceed if and when clear keeping on the left hand lane and signaling left as you turn.

As you pass the second exit signal right and move on to the right hand lane if clear turning back down Raggard Staff.

At the end of Raggard Staff signal right towards Queensway and take the same route back to the MVTC.

# End of test