



PRESS RELEASE

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Seasonal Flu Vaccine

The seasonal flu vaccine will be available from Monday 31st October 2016, at the Primary Care Centre (Blood Clinic).

The flu vaccine is recommended for all persons aged 65 years or over, and all persons aged between 6 months and 65 years who suffer from diseases that put them at High Risk, such as:

- a chest complaint or breathing difficulties, including bronchitis and emphysema;
- a heart, kidney or liver disease;
- neurological conditions (multiple sclerosis [MS] or cerebral palsy);
- stroke or a transient ischaemic attack (TIA);
- diabetes;
- immuno suppressive conditions such as HIV.

As well as for:

- individuals with lowered immunity due to disease or treatment, such as cancer treatment, a problem with the spleen (e.g. sickle cell disease) or individuals who have had their spleen removed;
- pregnant women;
- all front line health (doctors, nurses, dentists, pharmacists) or social care workers, such as Care Agency employees;
- main carers of an older or disabled person;



- individuals who are handlers of live animals and birds (GONHS staff, veterinary staff and bird handlers).

Individuals who have previously received the vaccine, should collect their numbered tickets from 1.30pm to 3.30pm outside the blood clinic at the PCC. The vaccines will be administered between 2pm and 4pm on weekdays.

Individuals who have NOT previously received the vaccine should make an appointment with their GP to be referred to the vaccination clinic.