



PRESS RELEASE

No: 485/2014

Date: 16th September 2014

All smiles in Gibraltar

Good oral health is essential for a healthy smile and a healthy body! The GHA Dental and Health Promotion teams will be outside the ICC Building to promote oral health in Gibraltar. The aim of the event is to raise awareness of good oral health by emphasising three key messages for good oral health from the British Dental Foundation –

- 1. brush for two minutes twice a day with a fluoride toothpaste,***
- 2. cut down on how often you have sugary foods and drinks and***
- 3. visit the dentist regularly – as often as they recommend.***

Members of staff are available to answer any questions related to oral health at the ICC on 18th September between 2pm and 4:30pm.