

The Gibraltar Sports & Leisure Authority

**Summer Sports
and
Leisure Programme 2008**

Angling, Badminton, Basketball, Canoeing, Chess, Climbing, Cricket, Football, Golf, Handball, Hockey, In-line skating, Ice Skating, Ju-jitsu, Paddle tennis, Petanque, Rhythmic gymnastics, Tumble tots, Tots corner, Rugby, Sailing, Squash, Swimming, Water polo, Table tennis, Taekwondo, Tennis, Ten pin bowling, Volleyball, Yoga, Walks through history, Painting, Drama, Beading, Learn to Knit, Chinese Calligraphy, Origami, Crafts, Paint your fashion & Silk accessories, T-Shirt painting, Young First Aider Award, Junior Sports Leadership Award, Cycle Proficiency Award, Dog handling, Mini Storytelling, Dancing and Line Dancing.

‘Working in partnership to invest in our future’.

What's on & where to go this summer.

Sponsorship and support.

Thank you to **NatWest** for sponsoring the Summer Sport & Leisure Programme for the third year running. NatWest sponsors the Summer Sports & Leisure brochure, the water required for youngsters throughout the programme, staff and volunteer T-shirts, the Young Lifesavers Award courses and some of the specialist equipment required to ensure youngsters have the opportunity to play at all levels. The children and young people of Gibraltar would have a much smaller programme if it wasn't for the help and support of the NatWest and the organisations and people shown below.

- ❖ The **voluntary sports, leisure and cultural organisations** who provide coaching courses, clinics and a vast array of positive leisure time opportunities for the young people of Gibraltar
- ❖ The **Royal Gibraltar Police** who support the programme with their Cycle Proficiency Award courses run by Community Safety Officers.
- ❖ **St John Ambulance** who lead the Young Lifesaver Award courses.
- ❖ The **Education Department** who help with the promotion and distribution of the Summer Sports & Leisure programmes.
- ❖ The **GSLA Centre Managers** and the Sports & Leisure Officers based at Bayside Sports Centre and the Kings Bastion Leisure Centre who support all elements of the programme.
- ❖ **Kings Bowl Staff** Who are organising the Ten Pin Bowling sessions.
- ❖ The **Ministry for Culture** for co-ordinating all the arts and cultural activities part of the programme.
- ❖ The **Gibraltar Youth Service** for their annual crafts workshop.
- ❖ The **Sports Leaders and voluntary leaders** who support the Summer Sports Train, Tots corner and the climbing introductions which are all held at Bayside Sports Centre throughout the summer.

Summer Sports & Leisure Programme.

The Gibraltar Sports and Leisure Authority through the Sports Development & Training Unit will be organising the Summer Sport & Leisure Programme from Monday 7th July to Friday 22nd August.

The Programme will include the 'Sports Train, Tot's Corner, Climbing, Community Sports and Junior Sports Leadership Awards' organised by the Sports Development & Training Unit and a variety of other, coaching clinics, summer sports camps, tasters and leisure activities organised in partnership with voluntary Sports Associations and local Organisations.

The overall programme will include:

1. **Sports Train** - Sports Development Unit – 14th July to 22nd August (P?)
2. **Tot's corner** – Sports Development Unit – 14th July to 22nd August (P?)
3. **Climbing induction course** – GSLA Staff - 14th July to 22nd August (P?)
4. **Community Sports Leadership Award** – Sports Development Unit x 2 courses – Course one throughout June on Tues & Thurs evenings and the second course 7th to 19th July daytime (P?)
5. **Junior Sports Leadership Award** – Sports Development Unit – starts Thurs 17th June, Tues & Thurs to the 12th August (P?)

6. Activities organised in partnership with Sports Associations

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| <ol style="list-style-type: none"> 1. Angling (P?) 2. Badminton (P?) 3. Basketball (P?) 7. Canoeing (P?) 8. Climbing (P?) 9. Cricket (P?) 10. Football (P?) 11. Golf (P?) 12. Handball (P?) 13. Hockey (P?) 14. In-line Skating (P?) 15. Ice Skating (P?) 16. Ju-jitsu (P?) 17. Paddle Tennis (P?) 18. Petanque (P?) 19. Rhythmic gymnastics (P?) 20. Rowing (P?) 21. Rugby (P?) | <ol style="list-style-type: none"> 22. Petanque (P?) 23. Rhythmic Gymnastics (P?) 24. Rugby (P?) 25. Sailing (P?) 26. Squash (P?) 27. Swimming (P?) 28. Table Tennis (P?) 29. Taekwondo (P?) 30. Tennis (P?) 31. Ten Pin Bowling (P?) 32. Tots Corner (P?) 33. Tots football 34. Tumble tots (P?) 35. Volleyball (P?) 36. Water polo (P?) 37. Yoga for children (P?) |
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5. Cultural Activities.

<ol style="list-style-type: none"> i. Walks through history. ii. Outdoor painting. iii. Needlework iv. Beading v. Learn to Knit 	<ol style="list-style-type: none"> vi. Chinese Calligraphy vii. Origami & paper folding viii. Paint you own fashion Accessories ix. Paint your Silk Accessories x. T-Shirt Painting
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6. Leisure & educational opportunities organised in partnership with local organisations.

- i. Creative Crafts (P?)
- ii. Chess (P)
- iii. Cycling Proficiency Award Scheme (P?)
- iv. Junior Dog handling course (P?)
- v. Mini Storytelling
- vi. Dance (P)
- vi. Line Dancing (P?)
- vii. Stagecoach (P?)
- viii. Young First Aider Award - First Aid qualification (P?)

For further information on activities refer to page number shown above.

Information about the Summer Sports & Leisure Programme.

1. Sports Train – Mon 14th July to Fri 22nd August.

Sports Train is a programme of sporting activities, games, competitions, fitness and fun that runs at the Bayside Sports Centre, Mondays to Fridays from 10am to 12noon. Activities are free of charge. Young people over the age of 6½ years are welcome to attend.

Tot's corner will be organised for 5 to 6 year olds and will be held on Monday, Wednesday and Fridays 10am to 11.30am at the Bayside Sports Centre. Activities here will be appropriate to the age group of the child and will include lots of fun games and imaginative play.

Both programmes are organised by the Sports Development Unit and are run by a team of Sports Leaders who are normally students studying in the UK for Sports related degrees. The Sports Leaders all undergo an intensive induction training programme before they start work on the summer Sports Train; they work alongside voluntary Sports Leaders who have just completed either their Community Sports Leadership Award or their Junior Sports Leadership Award. The Sports Train programme is split up into three different age groups; these are 6 to 8 years, 9 to 11 years and 12 years and over.

Activities that are included in the ‘**Sports Train**’ & Tot’s Corner scheme include:

6 to 8 years	9 to 11 years and 12 years and over
<ol style="list-style-type: none"> 1. Rounders and cricket type striking games. 2. Invasion games including football, hockey, and basketball to name a few. 3. Netwall games such as soft tennis and badminton. 4. Athletics. 5. Treasure hunts and an introduction to orienteering type activities. 6. Parachute games and lots of fun games that promote physical activities. 7. Tot's corner – imaginative play and fun games, based around striking, netwall and invasion type games... 	<ol style="list-style-type: none"> 1. Skill practises and games in a variety of sports including: Football, Basketball, Hockey, Netball, Rounders, Volleyball, Tennis, Rugby, Badminton, Squash and Table tennis 2. Athletics – Practises and competitions. 3. Outdoor activities and orienteering – Introduction and competitions. 4. Introductions to a variety of fitness training techniques Inc aerobics, Tae-bo and SAQ. 5. Climbing on the new Bayside climbing wall. 6. Team building activities. 7. Climbing on Bayside Sports Centres new climbing wall. 8. Paddle Tennis.

- Sports Train and Tot's corner are completely free of charge and there is no need to book as youngsters can just turn up.
- All equipment unless stated will be provided.
- Children and young people need to wear loose comfortable clothing, trainers and protection against the sun. (A hat is a good idea)
- Children should eat breakfast before attending and bring along a drink.
- All children and young people taking part on the programme must bring along a signed copy of the parental consent form (back page) to their first session.
- The telephone number shown on the parental consent form must be one that is manned during the duration of the child's participation in the Summer Sports & Leisure Programme.

2. The British Sport Trust – Community Sports Leadership Awards – for 16 years and over.

These two courses run for approximately 30 hours, one in the evenings mid June and the second in the mornings early July. Full programme available from Bayside Sports Centre. The courses cover modules in organising and delivering sports activity sessions, safety in sport, understanding and leading fitness sessions, the principles and practise of running sporting events and competitions. The courses are the basic qualification required for Sports Leaders working on the Summer Sports & Leisure Programme and they are a fantastic way to develop confidence for all who enjoy working with young people.

The courses will run at the Bayside Sports Centre. All participants will have to undertake 10 hours voluntary sports leadership work and the Sports Coach UK Injury Treatment & Prevention workshop in order to gain their qualification. For a full programme contact the **Sports Development & Training Unit on 20076522.**

3. The British Sport Trust – Junior Sports Leadership Award - for 14 to 16 year olds.

The course runs over eight sessions between 17th July and 12th August. The course is ideal for teenagers who would like to gain a sports leadership qualification and first hand experience of delivering sports. A great course for building confidence, developing organisational skills and learning to assist in the organisation and delivery of safe & fun sport for children.

The course will be run at the Bayside Sports Centre. All participants will have to undertake 6 hours voluntary sports leadership work in order to gain their qualification. For a full programme contact the **Sports Development & Training Unit on 20076522.**

4. Introduction to climbing courses for 8 year olds and over.

Courses run Tuesday to Thursday from 15th July to 21st August. Youngsters will be introduced to safety and the basics of climbing and will have the opportunity to try out several different climbs on the Bayside Climbing Wall. **Tel the Summer Sports hotline on telephone 200 76522 to book your place.**

5. Activities organised in partnership with Sports Associations

- Some Sports Associations will charge for participation in their coaching clinics. These Associations will put the fees towards the development of their junior sport.**
- You need to book onto many of the activities organised by Sports Associations and organisation so please take note of the contacts numbers to ring for further information.**

Angling – Summer Games Shore Angling Competition for juniors

Sat 26th July – 9am to 1pm - Detached Mole (Meet 8.15am at Port Dept hdqs for boat transfers) – Own line, rod & bait needed. Trophies for 1st, 2nd & 3rd in heaviest fish categories in two age groups.

Parent or Guardian must accompany children, although they will not be able to fish on the day.

Please Tel Charlie Carreras on 20074337 or Dario Neale on 20074331 for tournament conditions and further info.

Badminton Coaching Clinic Learn the skills and techniques of this fast and exciting game with qualified coaches from the GBA. Middle School age children invited to take part in the clinic, which takes place at the Bayside Sports Centre from Mon, 28th July to Fri 1st Aug, 10am to 12noon. **Tel Nick Peliza to book your place and for further information on Tel 54401000.**

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Basketball – Pasarelle (U14's) & Cadet's (U16's) basketball training and summer mini league, Mon to Fri 7th to 11th July and 14th to 18th July. New players at all levels welcome. Come & have fun whilst developing your basketball skills, 10am to 12noon. Techniques, tactics, drills & competitions. Certificate of attendance to all taking part.

Mini Basketball (U12's) – Introduction to the skills of this brilliant game will take place as part of the Summer Sports Programme.

Tel Albert Tellez on 20043359/54005080 for further information and to book a place.

Canoeing – Water safety, basic paddling, fun games for 8 to 14 years with qualified BCU coaches. Mon 4th to Fri 8th Aug, 10am to 12.30pm at the Bayside Water Sports Centre. Participants must be able to swim 100metres and will need to bring with them swim wear and a towel, sunscreen, refreshments and a wetsuit if they possess one.

Ring Nigel Jeffries on 20052917(evenings only) or Arthur Asquez on 20043896 to book a place and for further information on fees etc.

Climbing – Introduction to climbing techniques at Bayside Sports Centres new climbing wall. Course will be held Tues to Thurs 10am to 12noon throughout the summer. Maximum of 10 children per course. 8 years and over. **To book your place please telephone the Summer Sports Hotline.**

Cricket – Learn the skills of batting and fielding, try being wicket keeper and playing in the end of course test matches under the guidance of new Cricket Development Officer Richard Askew.

Week One – 14th to 18th July - 7 to 10 year olds.

Week Two – 28th July to 1st Aug – 10 to 14year olds.

Both courses will be held at the Bayside Sports Centre Mon to Fri 10am to 12noon.

To book your place and for further information contact Richard by e-mail on richaskew@hotmail.com or telephone 58009210.

Football – Soccer coaching weeks with Jeff Wood GFA football Development Officer and qualified coaches. Skills, drills, tactics and competitions are all part of the weeks activities.

Week One – Tues to Fri – 8th to 11th July.

Week Two – Tues to Fri – 22 to 25th July.

Week three – Tues to Fri – 12th to 15th August.

All coaching weeks - 9.30 to 12.30am at the Bayside Sports Centre. All players must be ready to play by 9.30am.

Tots Football – Introduction to the games for 4, 5 & 6 year olds. Bayside Sports centre 10am to 12noon on Fridays 11th & 25th July and 15th August.

Must pre book for all courses. Tel Jeff wood on 0034 600 707877 or e-mail jeffwoodgk@msn.com for further information on fees etc.

New - Introduction to Golf - from Gibraltar's first ever Golf Professional Trevor Garcia

Golf sessions will be held at the Bayside Sports Centre Pitch & Putting green, 10am to 12noon and will take place over four two hour sessions. Techniques, skills, tips and chipping & putting tournament will be on offer this summer.

Course One – Mon to Thurs 28th to 31st July

Course Two – Mon to Thurs 4th to 8th Aug

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Telephone the Summer Sports Hotline for further info and to book your child's place.

Handball Taster clinic, introducing middle and secondary school age youngsters to this fast, exiting and exhilarating sport. Skills, drills, tactics, techniques and competitions. Mon to Fri 4th to 8th August, 10am to 12noon at the Bayside Sports Centre.

To book your place and for further information please contact Karl on 58008215 or by e-mail at handball@gibtelecom.net

Youth Hockey Summer Camp – Skills, drills, techniques and a tournament to be held at the end of the week with trophies and certificates for all. Camp to be held at the Bayside Sports Centre Water based hockey pitch. Mon 18th to Friday 22nd August 10am to 12.30pm. Boys and girls between the ages of 5 and 16years are welcome.

For further information on fees and to book a place please contact Steven Valarino on 54922000 or Peter Pizarro on 54006476

New - IN-line skating – Skate Park facilities have been moved to Landport come and play area and is under the direct responsibility of the GSLA.

New - Ice Skating Learn to Skate programme

Learn to skate programme under the expert tuition of ex Great Britain Ice Skating Champion Jenni Smith at the King's Bastion Leisure Centre

Week One Mon to Fri 14th to 18th July

Course 1 – 1 to 2pm – 6 to 11 year old beginners.

Course 2 – 2 to 3pm - 11 to 16 year old Beginners.

Course 3 – 3 to 4pm – Mixed age group for those who have experience of skating.

Week Two – Mon to Fri 21st to 25th July

Course 4 – 1 to 2pm – 6 to 11 year old beginners.

Course 5 – 2 to 3pm - 11 to 16 year old Beginners.

Course 6 – 3 to 4pm – Mixed age group for those who have experience of skating.

Maximum of 20 on each course. Minimum age 6 years.

Parent & toddlers skating sessions – Sundays 20th & 27th July 10 to 11am.

Adult introduction to skating – Sundays 20th & 27th July 11am to 12noon.

For details on fees and to book you places please contact the Summer Sports hotline on 20052135 or 20076522.


Ju-jitsu – Learn the art with Sensei Anthony Joaquin Chief instructor with the Gibraltar Ju-jitsu Academy.

Mon to Friday 14th to 18th July - 10am to 12 noon at the Bayside Sports Centre. No need to book, just turn up. For further info contact Sensei Joaquin on telephone 20079855 or mobile 54011007

The Gibraltar Ju-jitsu academy also continues their classes at Jumpers Bastion for juniors throughout the summer months.

Paddle Tennis – This year will see the introduction of Paddle Tennis into the Sports Train for all youngsters interested in the game. Gibraltar Paddle Association will also be running taster sessions on the 18th & 19th July from 10am to 12.30pm.

Telephone the Summer Sports Hotline for further info and to book your child's place.

 The Summer Sports & Leisure hotline on 200 52135 or 20076522 for further information

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Petanque – Learn & play this excellent target bowl game at the Gibraltar Petanque Association headquarters, Giralda Gardens, Smith Dorrien Avenue. Wednesdays throughout the summer holidays from 10am to 12noon. **Telephone Francis Santos on 70929 for further information**

Rhythmic Gymnastics – Summer Camp - Expert coaching for beginners & intermediates

This year's Summer Camps will be organised on Mon, Wed & Fri between the dates of the 14th & 25th July at the Bayside Sports Centre. Coaching for beginners and intermediates will be available culminating in a display for parents. Minimum age 4 years.

Tumble Tots – Introduction to gymnastics for 3 and 4 year olds. Courses will be organised to run during the same weeks as above. **For further details of session times, fees and to book your child's place, please contact Christine Penfold on 20071720 or 54015533**

Rowing – The Calpe and the Mediterranean Rowing Clubs both have excellent junior rowing development programmes with training continuing throughout the summer months. For further information please contact the Club Captains.

Calpe Rowing Club – 20072605

Mediterranean Rowing Club - 20073157

Rugby.

Coaching, tactics, tag rugby and matches are all part of this years programme.

Tues -8 to 12 years and **Thurs** – 12 to 16years throughout the summer holiday programme. Training to be held at the Bayside Sports Centre small pitch (CEPSA entrance) – boys & girls welcome

For further information contact Allan Sparks on 54275000 or e-mail allan@gibraltardragons.com

Sailing – Learn to sail and compete with qualified sailing instructors at the Royal Gibraltar Yacht Club.

Summer School 1 – Mon 7th to Fri 11th July

Summer School 2 – Mon 21st to Fri 25th July

Summer School 3 – Mon 18th to Fri 22nd August

All courses to run from 9.30am to 12.30pm at the Royal Gibraltar Yacht Club on Queensway Participants must be able to swim 25m and will require bathers, towel, sunscreen, cold drink, light refreshments and a change of clothing.

Telephone Mr Sydney Pilcher at the RGYC on 20048847 to book and for further info.

Squash – **Junior Coaching Clinic** with highly qualified coaches to be held in September shortly after National day. The coaching clinics will be aimed at complete beginners over the age of six and intermediates that would like to develop their skills. Great way to start the junior squash season.

Tel Barry Brindle for further info on telephone 20073260.

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Swimming – Water skills, stroke technique, rescue skills and fun are the theme for this years Summer Swim Camps.

Swim camps will run for one hour per morning from Mon to Fri - Weeks beginning 7th, 14th & 21st July. Times to be arranged on booking. (Swimmers must be able to swim 25metres & must wear swim caps)

New - Under 8's teaching clinic in the small pool for those who cannot manage to swim 25metres. Mon to Fri 7th to 11th July. (Minimum age 4 years)

For info on all swimming courses call Christine or Joe on 20072869 to book your child's place and for further information.

Table Tennis – Coaching, fun games and competitions will be organised as part of this years Summer Sports Train. **Telephone the Summer Sports Hotline for further info and to book your child's place.**

Taekwondo taster sessions – Try this martial art with top coaches from the Gibraltar Taekwondo Association.

Tasters will be held on Tues, Wed & Thurs 12th to 14th August, 10am to 12 noon at the Bayside Sports Centre. **For further information e-mail the Garcia brothers on tkdgarcia@hotmail.co.uk or telephone Mari Carmen on 20044142.**

Tennis – Coaching clinics for 5 years and over throughout the summer holidays with qualified coaches.

Beginners and intermediates (mornings) at Queensway tennis courts or Sandpits- times and venues to be arranged on booking. Courses will run Monday to Friday and will start on Monday 14th July. **To book places and for further information telephone James Taylor on mobile 54024974 or 20076703 in the evenings.**

New - Ten Pin Bowling – Learn to bowl this summer at the King's Bowl

This summer King's Bowl offers the opportunity for you to learn more about this exiting sport. Amongst the skills on offer bowling will help to develop concentration, accuracy and stamina in a friendly and fun environment.

Course 1– for 7 to 11 year olds - Mon to Fri 14th to 18th July 10am to 11am.

Course 2- for 12 to 17year olds – Mon to Fri 14th to 18th July 5.30pm to 6.30pm.

Course 3– Mixed age groups – Mon to Fri 21st to 25th July – 10am to 11am.

Adults introduction to bowling - Sun 6th & 13th July 10am.

For information on costs and to book you place please contact the Centre Manager at King's Bowl on 200 77338.

Volleyball coaching for juniors on Wed, Thurs & Fri 23rd to 25th July at the Bayside Sports Centre leading up to the GVA annual beach tournament. Joe Enriles, one of Gibraltar's most respected coaches will be leading the coaching sessions from 9.30 to 12.30pm...

Annual Beach Volleyball Competitions – To be held on Saturday 26th July at Eastern Beach – Competition for juniors and seniors. It's a fantastic weekend for volleyball players and great spectating for beach lovers.

Tel Joe Enrile on 20040321 for further information on both of the above events.

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Water Polo – Techniques, games and mini competitions. Boys & girls, 10 to 14year olds welcome, sessions held at GASA Mon to Thurs 28th to 31st July 10am to 12noon. (Young people must be able to swim at least 200 metres and bring their own bathers, towel and a drink etc) **Telephone the Summer Sports Hotline for further info and to book your child's place.**

New - Yoga for Children

Simple exercises with big ideas and lots of stories. The sessions are aimed at improving posture, co-ordination and balance, will strengthen muscles, release anxiety, teach relaxation and help develop a child's self esteem.

Courses will be led by Anne Morello at the Bayside Sports Centre.

Course one – Tues & Thurs 5th, 7th, 12th and 14th Aug - 10 to 10.45am for 3 ½ to 4 year olds.

Course two - Tues & Thurs 5th, 7th, 12th and 14th - 11am to 12noon for 5 to 7 year olds.

Course three – Tues & Thurs – 19th, 21st, 26th & 28th Aug – 10 to 10.45am for 3 ½ to 4 year olds.

Course four – Tues & Thurs – 19th, 21st, 26th & 28th Aug – 11am to 12noon for 5 to 7 year olds.

For further information and to book your child's place please contact Anne on e-mail anne_morello@hotmail.com or telephone 20051456 in the evenings.

14. Cultural activities.

Walks through history – Thursday mornings 17th & 24th & 31st July, 10am to 12.30pm, for 9 to 12 year olds. Maximum of 20 children per Walk, youngsters must bring hats, comfortable clothing and sensible footwear and may wish to bring along a sketchpad and or camera. **Tel John Mackintosh Hall/Museum receptionist on 20074289 to book your place and for further information.**

Outdoor Painting – Tuesday and Wednesday mornings throughout the summer. Tuesdays at Alameda Gardens, 10am to 11.30am for 5 to 8 year olds. Wednesday at the Referendum Gates, Trafalgar Cemetery, 10am to 12noon for 9 to 16 year olds. Children need to bring their own painting equipment and two small bottles of water. **Tel Giorann Henshaw on 54027902 for further information and to book your child's place.**

Activities available at the Arts & Crafts Gallery, Casemates.

- ❖ **Needlework** - Thurs 10am to 12noon for 5 to 16 year olds. **Tel Lavinia on 20076111 to book your place and for further details**
- ❖ **Beading** – Standard workshop for 6 years and over and Swarovski Crystal Beading workshops for older girls – Friday’s 10am to 12 noon. **Tel Louise on 54006539 to book your place and for further details.**
- ❖ **Learn to Knit** - Tues & Thurs 10am to 12noon for 5 to 16 year olds.
- ❖ **Chinese Calligraphy** – Saturdays 11am to 1pm for 9 to 16 year olds.
- ❖ **Origami & paper folding** – Saturdays 1 to 2pm for 7 to 16 year olds.
- ❖ **Paint your fashion accessories** – Mon to Fri 4th to 8th August.
- ❖ **Paint your own silk accessories** – Mon to Fri 11th to 15th August.
- ❖ **T-Shirt painting** - Mon to Fri 18th to 22nd August.

All activities held at the Arts & Crafts centre, Casemates.

Tel Giorann Henshaw the Gibraltar Arts & Crafts Association on 20073865 for further information and to book your place.

5. Leisure & educational opportunities organised in partnership with local organisations.

Creative Crafts – Organised by the Gibraltar Youth Service. Workshops for 9 to 11 year olds will include making your own paper puppets. Mon to Fri 11 to 15th August, 9.00am to 12noon at the Youth Centre Montagu Bastion, Line Wall Road.

Tel 20040293 or 20075020 or e-mail youthcentre@gibtelecom.net to book your onto the workshop. Places are limited.

Chess – Calpe Chess Club introducing taster sessions for 7 yrs and over. Mon 14th, 21st July & 11th & 18th Aug, 10am to 12noon at Bayside Sports Centre. **Tel Sharon on 54029720 for further info.**

Cycling Proficiency Award training course

The Royal Gibraltar Police Force’s Community Safety Unit will be running the Cycle Proficiency Award Scheme that is part of the Royal Society of Prevention of Accidents drive towards safety awareness.

The course will take place at Hargraves multi sports area from Mon 28th July to Fri 1st August 9.30am to 11am. Children 10 years and over are invited to participate. Youngsters will need their own bike, a drink and are encouraged to wear safety gear and helmets. Places are limited to 20 so book your place early.

To book a place and for further information please telephone PC Dennis Fa on telephone 20048073

Danza Academy - Will be running Ballet, Modern & Contemporary dance and information contact Anne-Marie Gomez on Tel 20044828/75664 or Zuleika Green on 20045628

Dog Training - Junior handling course.

The ever-popular dog-handling course is now a permanent feature of the Summer Sports & Leisure programme. The course will cover topics such as why train your dog, training methods, showing your dog, sportsmanship & etiquette and preparing for competition

Participants must take along their own dog and kit including water, towel, dog brush, toys, treats, safety collar & lead.

Course dates: 8th, 9th, 16th, 17th, 22nd and 30th July -10.30am to 12noon at the Cepsa Car Park.

Limited places. To book a place and for further info contact **Elizabeth Gonzalez** – International Judge/Trainer Gibraltar Kennel Club on Tel **20044479**.

Mini Storytelling summer course – Fun through reading this summer for 3 to 7 year olds at the Bayside Sport Centre, Thursday mornings.

Mini storytelling is aimed at encouraging children to join in the wonderful world of reading whilst learning language and literacy. The sessions include brightly coloured familiar books, props, creative crafts and lots of fun and imagination. **Tel Jessica on 58722000 or 20043154 to book your place and for further information.**

Line dancing will be incorporated as part of this years Summer Sports & Leisure programme and towards the end of the summer we will be organising some mixed children and grown up sessions. **Tel the Summer Sports Hotline on 52135 or 76522 for further information.**

Stagecoach – Night Fever Workshops

If you love to act, sing and dance and you are aged 4 to 16 years of age then climb aboard this years Stagecoach summer school.

Dates are Mon to Fri 14th to 18th July, at the Loreto Convent. 4 to 7 year olds from 10am to 1pm. 7 years and over from 10am to 4pm every day with a performance being held on the Friday evening at approx 6pm.

To book and for further information on fees and stagecoach weekly classes contact Warren Webley on 200 44885 or e-mail gibraltar@stagecoachschools.com

Young First Aider courses. First Aid, Resuscitation, CPR, Incident & casualty management, Top to toe surveys and much more for 8 years and over. Courses to be held at St John House Coaling Island Mon to Fri from 9.30am to 12.30pm.

Course 1 – Mon to Fri 28th Jul to 1st Aug - 8 to 11 years. **Course 2** – Mon to Fri 11th to 15th August – 12 to 14 years.

To book a place telephone the Summer Sports Hotline.

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Parental Consent Form.

Name of child/children	Age(s)	Contact name & Tel no (Daytime)
1		
2		
3		

Does your child have a medical condition that may effect his/her participation in the programme?
If yes please give details _____

Undertaking:

- The Gibraltar Sports & Leisure Authority (GSLA) reserves the right to cancel activities due to lack of numbers or adverse weather conditions.
- It is understood that the GSLA will not be liable for any loss or injury incurred whilst participating on the Summer Sports and Leisure Programme.
- If your child causes a disturbance during the programme, GSLA staff will contact parents/guardians and ask for their assistance in addressing the situation.
- All sports Leaders will receive training to ensure the safety of your children.

Signed _____

Date _____

Please ensure your child / children bring(s) this form with them the first time he/she visits the programme.

Nat West Logo

Working in partnership to invest in our future

GSLA Logo

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Sports in Gibraltar.

Gibraltar is possibly the most sporting nation in the world per head of population with over 40 active Governing Bodies of Sport registered with the Gibraltar Sports & Leisure Authority (For further information see the Gibraltar Sports Directory)

The Government of Gibraltar is completely committed to sport, cultural and positive leisure time activities and their importance as an integral part of our lifestyle. Support offered through the GSLA includes the extensive development of sports facilities at the Bayside Sports Centre and the Kings Bastion Leisure Centre, the free use of facilities to Sports Associations, financial assistance for Sports Associations towards participation in Official International Competitions, Sports Development initiatives and Improvements to facilities and via the Gibraltar Sports Advisory Council.

Gibraltar Sports Development & Training Unit.

The Gibraltar Sports Development and Training Unit was set up by the Government of Gibraltar in November 1998 to support local Sporting Associations reach their full potential in the development of their sport. More recently leisure and training has been added to their remit and their brief is to support the development of GSLA staff and associated organisations and associations.

The Sports Development & Training Unit can provide support in the following areas:

- ❖ **Organising and supporting educational courses for coaches, leaders, teachers and volunteers.**
- ❖ **Organising summer sports & leisure programmes for children and young people in Gibraltar and also supporting junior development initiatives throughout the year.**
- ❖ **Advice on all areas related to the development of sport and leisure activities in Gibraltar including help with development plans and grant applications.**
- ❖ **Developing links between GSLA, schools and community associations.**
- ❖ **The provision of information on sporting and leisure opportunities and the loan of equipment and literature to support development.**

GSLA logos

